Wash your hands

Wash your hands often with soap and water for 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

When to wash your hands:

• When you arrive at work
• Before and after going on a break
• After using the washroom
• After handling cash or other materials that have come into contact with the public
• Before and after handling shared tools and equipment
• Before and after using masks
• Before and after using personal protective equipment